



Shannon L. Carroll Speaking Introductions

Long Introduction

When Shannon Carroll was almost 12 years old, her family went on a life-changing medical missions trip to Kenya, Africa. It was in that missions hospital in the mountains of Africa where the seed of helping others with their health and wellness was born. After observing several deliveries, Shannon knew she was supposed to become a missionary obstetrician to Africa.

As you can see, that pre-teen dream changed a bit over the years. But her heart to help others be more well hasn't shifted at all. Shannon graduated as a Registered Nurse and worked in multiple hospital settings over the years, her favorite being community health. She obtained her Faith Community Nurses' certification so she could work to improve health outcomes within her thriving, rural church, where her husband is the pastor.

When Shannon's boys were younger and often ill, she was exposed to a whole new world of preventative wellness, which is now her passion.

In 2019, Shannon's husband experienced a very bizarre, 26-day stint with amnesia. He had forgotten the last 10+ years of their life. When the doctors couldn't determine a cause for this sudden amnesia, they blamed years of cumulative stress for effectively shutting down his brain. This nightmare turned out to be the best gift they could have ever received; it was definitely the wake-up call they desperately needed.

Their #1 best-selling book "One Thing Remains" tells the story of David's amnesia along with the five life-changing lessons God taught them during this trial. Shannon now has a speaking, writing and consulting ministry where she helps women and pastor's wives evaluate, reduce and react better to stress – all while laying a solid foundation on the Word of God, which is the "One Thing that Remains." She believes there's a much-needed message for Christian women today about how to truly be well – physically, mentally and spiritually.

You'll be moved and inspired by Shannon's vulnerable and powerful message today.

Short Introduction

We are excited to welcome Shannon Carroll to speak today. She is a pastor's wife, homeschool mother to two teenage boys and best-selling author of the book, "One Thing Remains," which she co-authored with her husband. Shannon is passionate about helping women and pastor's wives to "be well" physically, mentally and spiritually. We know you'll be moved and inspired by Shannon's vulnerable and powerful message today.